

# PHYSIQ™

## ◆ FAQs ◆

### FAT BURN

#### WHAT IS PHYSIQ FAT BURN?

PhysIQ Fat Burn combines active the ingredients Sinetrol®, Green Coffee Bean Extract, and B vitamins to help you feel energized. With a blend of polyphenolic compounds specially selected from unique Mediterranean citrus fruits and green coffee bean extract, these ingredients help stimulate your body's breakdown of body fat and support long-term weight management. Combined with exercise and a healthy diet, you can burn stubborn fat and uncover a body you love.

#### HOW IS PHYSIQ FAT BURN DIFFERENT FROM OTHER FAT BURNERS?

PhysIQ Fat Burn uses smart ingredients to burn fat safely and naturally — It combines the wisdom of nature with the reliability of science to help your body shed unwanted pounds. Fat Burn doesn't use any harmful stimulants to get results. It includes the fat burner Sinetrol to help reduce body fat and boost your metabolism and energy.

#### WILL PHYSIQ FAT BURN UPSET MY STOMACH?

Although everyone is different, no side effects like upset stomach are expected when taken according to our recommended directions for use.

#### DOES PHYSIQ FAT BURN CONTAIN HARMFUL STIMULANTS?

No. The caffeine content and the vitamins are at very safe levels. There are no other stimulants present in the product.

#### HOW MUCH CAFFEINE IS IN PHYSIQ FAT BURN?

Green coffee and guarana extracts contain naturally occurring caffeine — less than 50 mg per serving.

#### IS PHYSIQ FAT BURN SAFE TO USE?

Our product is made with naturally sourced ingredients that have been shown to be both safe and effective. Use as directed. Consult your physician prior to use if you are taking any prescription medications.

#### ARE THERE ANY SIDE EFFECTS WITH USING THIS PHYSIQ FAT BURN?

Although everyone is different, the product and its ingredients have been tested and no side effects are expected.

#### WHAT IS SINETROL®?

Sinetrol is a weight management blend — formulated from natural Mediterranean citrus. It uses sweet orange, blood orange and grapefruit extracts and their bioactive polyphenols to stimulate lipolysis. Sinetrol is backed by published peer-reviewed studies. The studies demonstrate a reduction in body fat and in waist and hip size. The activity of Sinetrol is enhanced with natural caffeine from guarana. Visit [fytexia.com](http://fytexia.com) to learn more about Sinetrol.

#### WHAT IS THE PURPOSE OF THE GREEN COFFEE BEAN EXTRACT?

Green coffee bean extract is rich in chlorogenic acids that are highly absorbed and metabolized by humans. This contributes to body weight management by inducing the use of fat as a source of energy.

#### WHY ARE B VITAMINS ADDED TO THE FORMULA?

B vitamins serve as a catalyst for energy metabolism in the body. Without it, your body can't break down carbohydrates, proteins and fats for energy. Vitamin B3 and B6 are required for fat and protein metabolism.

#### IS IT SAFE TO USE IF I AM NURSING OR PREGNANT?

No. PhysIQ Fat Burn is not recommended for use if you're nursing or pregnant.

#### WILL MY PHYSIQ FAT BURN INTERFERE WITH MEDICATION?

Please contact your physician with any questions or concerns.

#### DOES THE GRAPEFRUIT EXTRACT CONTAIN ANY FUROCOUMARINS?

No. Our grapefruit extract does not contain any furanocoumarins.

#### IS PHYSIQ FAT BURN FDA APPROVED?

Dietary supplements are not formally approved by the FDA before they're put on the market. However, by law, all products have to be safe, legal and do what they claim to do. The FDA does regulate products once they are on the market.

These statements have not been evaluated by the Food and Drug Administration. This products is not intended to diagnose, treat, cure, or prevent any disease.

## HOW DO I TAKE THE PHYSIQ FAT BURN PRODUCT?

Take 2 capsules daily with a glass of water.

## DOES FAT BURN CONTAIN NRF2 INGREDIENTS?

PhysIQ Fat Burn does not contain any Nrf2 ingredients.

## CAN I USE OTHER LIFEVANTAGE NUTRITIONAL PRODUCTS WITH PHYSIQ FAT BURN?

Yes, you can use other LifeVantage Nutritional products with PhysIQ Fat Burn.

\*Sinetrol® is a registered trademark of Fytexia®

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