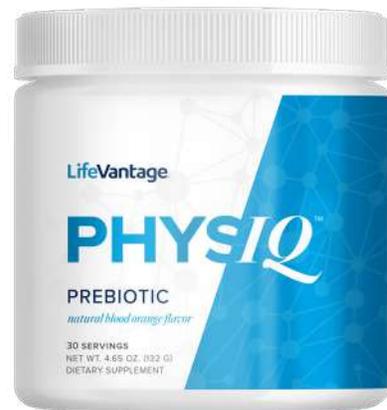


**PHYSIQ™**

# PREBIOTIC

## IT'S NOT YOU, IT'S YOUR GUT.

PhysIQ Prebiotic works together with LifeVantage ProBio to provide a one-two punch of gut health, supporting a healthy metabolism and a digestive system that runs like a well-oiled machine.\*



### Product Info

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#### PREBIOTIC VS PROBIOTIC

Think of your gut like a garden. LifeVantage ProBio adds seeds to the garden by introducing healthy bacteria to your gut. PhysIQ Prebiotic is the water, sunlight, and fertilizer helping

those seeds stay healthy and grow. It's a one-two punch of health to your gut for a better metabolism and a digestive system that runs like a well-oiled machine.\*

### Benefits

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- Helps you feel less hungry\*
- Supports a balanced gut microbiome\*
- Promotes a healthy gut environment to feed your probiotics \*
- Supports a healthy digestive system\*
- Promotes a healthy relationship balance of bacteria by allowing healthy bacteria to thrive\*
- Helps maintain balanced blood sugar levels already within a healthy range\*
- Promotes bowel regularity\*

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# PREBIOTIC

## Science

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The bacteria in our gut not only play an important role in digestion but research indicates that our microbiome could also play a major role in helping you maintain a healthy weight. PhysIQ Prebiotic combines the prebiotic fibers Fructooligosaccharides, PreticX® (Xylooligosaccharides), Inulin and fucoidans from Brown Seaweed Extract with Amino Acids L-Glutamine, L-Leucine, and L-Lysine to promote a balanced microbiome.\*

**PreticX®** (Xylooligosaccharides), has been clinically proven to modify gut microbiota, helping to grow more good gut bacteria and support a healthy microbiome.\*

**Fructooligosaccharides** (FOS) are a good source of soluble fiber. FOS travels intact through the small intestine to the colon (large intestine), where they support the growth of healthy bacteria in the digestive tract.\*

**Inulin** is a nondigestible oligosaccharide that support growth of beneficial gut microbes.\*

**Brown Seaweed Extract** contains fucoidans, a type of sulfated polysaccharide that support the immune system, and promote growth of beneficial gut microbes.\*

**Amino acids** L-glutamine, L-Leucine, and L-Lysine help specialized gut cells called L-cells to trigger a fullness feeling or satiety, thus reducing appetite. These L-cells also stimulate the brain-gut axis to promote a healthy GI tract for beneficial microbes to thrive.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Directions

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Mix one scoop with 8 fl. oz of water daily.